



ITLS INTERNATIONAL TEACHERS FOR TOMORROW'S SCHOOL

SYSTEM CHANGE AS AN OPPORTUNITY FOR INTERCULTURAL
SCHOOL DEVELOPMENT AND MUTUAL LEARNING

Well-being: How do you feel at your new school?

Abstract:

The following reflection sheet is designed to facilitate effective discussions and conversations on the international teacher's self-confidence, emotional welfare within the context of their new school career and context, challenges and insecurities they might have, and self-efficacy. Discussions about well-being encourage new teachers to find their own way to become integrated in the new working environment.

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Type of document:

sheet for reflection and exchange

Target groups:

teaching staff

Goals:

to discuss and reflect on international teachers' emotional welfare

Keywords:

emotional welfare, school routines, discussions

FOR DISCUSSION AND EXCHANGE:
Well-being:
How do you feel at your new school?

School:

Conversation with:

Date:

With your new teacher, discuss and exchange ideas based on the following prompts:

- How do you feel at our school? How did you feel earlier in the year?
- What have you been most excited about up until now?
- What are two things that are challenging for you at the moment and you would like to discuss with me?
- Can you ask colleagues for advice?
- Do the colleagues ask you for your own opinion or feedback? Can you make contributions to your colleagues' work with your own suggestions?
- As an international teacher, you bring different experiences and competences to our school life. In which situations are these strengths beneficial to you and appreciated by others? How is your international background valued (by your colleagues, students, school administration) at school?
- Are you called in by the colleagues to engage in conversations with international parents?
- Do you feel overburdened by international duties?
- Other: